



Homemade recipe moisturizer cream

BY KWIT



For a 50g jar you will need:

- ✿ 25 g of organic hydrosol of your choice (type true lavender, cajeput, noble laurel, noble chamomile, lavandin).
- ✿ 16.2 g organic vegetable oil of your choice such as argan, jojoba (ideal for wrinkle reduction/prevention) or hazelnut oil.
- ✿ 5 g aloe vera gel.
- ✿ 3 g olivem type emulsifying wax.
- ✿ 0.3 g of cosgard type preservative.
- ✿ 0.25 g of lavender essential oil.
- ✿ 0.25 g of essential oil of petit grain of bigarade.





The steps



This moisturizing cream is suitable for all skin types and is impossible to miss! (So no more **excuses!**)

Before starting, it is important to sterilize your instruments (scales...). To do this, use an ecological detergent and then alcohol at 70° minimum. Also remember to sterilize the containers (bowls, jars) in boiling water.



Step 1: Disinfect the equipment and wash your hands.

Step 2: In a first bowl, pour the vegetable oil and emulsifying wax. Heat both products in a double boiler over low heat.

Step 3: In a second bowl, gently heat the hydrolate and aloe vera gel in a water bath. When the emulsifying wax is melting and the two containers are simultaneously at about 65°, remove them from the heat.





The steps



Step 4: Gradually mix the two preparations with a small whisk to make an emulsion. Mix until the cream is thick.

Step 5: Now add the two essential oils and the preservative. Homogenize again, making sure that all ingredients are mixed.

Step 6: Then pour the preparation into a sterilized jar.

Tip: For a refreshing effect you can keep your cream in the refrigerator.



This cream can be applied directly to the entire face after cleansing the skin every morning and evening. In a thick layer, it can occasionally be used as a moisturizing mask. It can be kept for 3 months in a dry, warm and dark place.

